

Abbreviations

ECB – Extra Care Bucks (CVS program)

P&G – Proctor & Gamble coupon insert

RP – Red Plum coupon insert

RR – Register Reward (Walgreens term for catalina coupon)

SS – Smartsources coupon insert

Meijer Mealbox Coupons may be found here: <http://www.meijermealbox.com>

Schnucks 9/28-10/4

<p>Hunter Hot Dogs 89¢</p>	<p>Green Giant Vegetables in Sauce 7-10oz Box 10/\$10</p> <p>.50/2 Green Giant Frozen Vegetables</p> <p>9/13 SS Tribune</p> <p>Internet Printable .50/1 http://tinyurl.com/ye4yusz</p> <p>Final Price: .98/2 or Free with printable</p>	<p>Betty Crocker Tuna, Chicken or Hamburger Helper 10/\$10</p> <p>.75/3 Hamburger, Tuna, or Chicken Helper Home Cooked Skillet Meals</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: \$2/3</p>
<p>Schnucks Sugar 4lb \$1.79</p>	<p>Marzetti Salad Dressing, 16oz, All Vareties 8/\$10</p> <p>\$1 Marzetti Salad Dressing</p> <p>8/30 RP Tribune</p> <p>Final Price: 25¢</p>	<p>Ziploc Freezer, Steam or Storage Bags 10-25ct. 2/\$5</p> <p>.40/1 Ziploc Bags</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$1.70/1</p>
<p>Fancy Feast Appetizers for Cats 5/\$6</p> <p>Fancy Feast Appetizers B1G1F up to \$1.50</p> <p>9/13 RP Tribune</p> <p>Final Price:\$1.20/2 (60¢ ea)</p>	<p>Cesar Softies Dog Treats \$2.99</p> <p>\$1 Cesar Treats</p> <p>9/27 RP Tribune & Pantagraph</p> <p>Final Price: \$1.99</p>	

Schnucks:

Buy 5 participating products, receive a \$3 Catalina good on your next order.

<p>Pillsbury Grand Biscuits, 8ct. package, All Varieties 4/\$5</p> <p>.35/1 Pillsbury Refrigerated Grands Refrigerated Biscuits</p> <p>7/12 SS Tribune</p> <p>Final Price: 55¢ each *Purchase 5, use five coupons (they double to 70¢) and your total cost will be \$2.75 plus tax, and earn back a \$3 Catalina! Free! 😊</p>	<p>Progresso Traditional Soup, 18.5-19oz can Selected Varieties 6/\$8</p> <p>.50/2 Progresso Soups, any 9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$1.66/2 *Purchase 5, use 2 coupons (they double to \$1) and your total cost will be \$4.65 plus tax, and earn back a \$3 Catalina! \$1.65/5 soups!</p>	<p>Pillsbury Sweet Rolls or Crescent Rolls 8-13.9oz, Selected Varieties 3/\$5</p> <p>.40/2 Pillsbury Sweet Rolls or Grands Sweet Rolls</p> <p>8/9 SS Tribune & Pantagraph</p> <p>.50/2 Pillsbury Sweet Rolls or Grands Sweet Rolls</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$2.54/2 (before you receive the \$3 Catalina) or \$2.34/2</p>
<p>Betty Crocker 15.2-18.3oz package Muffin Mix or 19.5-26.7oz Brownie Mix, Selected Varieties 2/\$4</p>	<p>Cascadian Farms Organic Granola Bars, 6.2-7.4oz package. Selected Varieties 2/\$6</p>	<p>Cascadian Farm Organic Cereal, 8.5-17oz box, Selected 2/\$6</p>
<p>Betty Crocker Warm Delights, 2.46-3.6oz Selected Varieties. 3/\$5</p> <p>.50/1 Betty Crocker Warm Delights Bowls or Mini Bowls</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: 67¢ each *Purchase 5, use five coupons (they double to \$1) and your total cost will be \$3.35 plus tax, and earn back a \$3 Catalina! 😊😊😊</p>	<p>Pillsbury Ready to Bake Refrigerated Cookies, 16-16.5oz package, Selected Varieties 2/\$5</p> <p>\$1/2 Pillsbury Refrigerated Cookie Dough</p> <p>9/13 SS Tribune & Pantagraph</p> <p>*I am not 100% about this coupon. To me, the ready to bake are the kind that you just put on the pan, such as the holiday cookies, and the cookie dough is the logs. It may work, but I can't promise!</p>	<p>Cheerios or Chex Mix Snack Mix, 7.5-8.75oz bag Selected 2/\$3</p> <p>.50/2 Chex Mix or Chex 100 Calorie Snack, 4.5oz+</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: \$2/2 If you purchase five, you can only use two .50/2 coupons. Your total cost will be \$5.50 plus tax, and earn back a \$3 Catalina... \$2.50/5 or 50¢ each.</p>

<p>Pillsbury Grand Sweet Rolls, 5ct package, Selected \$2.79</p> <p>.40/2 Pillsbury Sweet Rolls or Grands Sweet Rolls</p> <p>8/9 SS Tribune & Pantagraph</p> <p>.50/2 Pillsbury Sweet Rolls or Grands Sweet Rolls</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$4.58/2</p>	<p>General Mills Cereal 4/\$10</p> <p>10.9oz Banana Nut Cheerios, 2.8oz Multigrain Cheerios or Cinnamon Toast Crunch, 14oz Original Cheerios or 16.2oz Original Fiber One</p> <p>\$1/2 General Mills Basic 4, Chex, Fiber One, Honey Nut Clusters, Oatmeal Crisp, Raisin Nut Bran, Total, etc</p> <p>8/23 SS Tribune</p> <p>\$1/3 General Mills Cereals</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: Varies *Purchase 5 cereals, making sure 2 are Fiber One. Use one \$1/2, and one \$1/3. Your cost will be \$10.50, and you'll earn a \$3 Catalina. Total price would be \$7.50/5 cereal... \$1.50 each.</p>	<p>Nature Valley or Fiber One Granola Bars, 7-8.9oz package. Selected Varieties 4/\$10 (\$2.50 each)</p> <p>.70/2 Nature Valley Granola Bars</p> <p>8/9 SS Tribune & Pantagraph</p> <p>.40/1 Nature Valley Granola Bars</p> <p>9/13 SS Pantagraph & Tribune</p> <p>Final Price: \$4/2 if you use one .70/2 coupon (It doubles to \$1) or \$1.70/1 if you use one .40/1 coupon (It doubles to 80¢.)</p>
<p>Yoplait Yogurt, 8ct package, All Varieties, \$3.99</p>		

Schnucks: Buy \$25 worth of P&G participating products, receive a \$5 Catalina good on your next order. All prices below are BEFORE the \$5 Catalina.

<p>Pringles, Selected 4/\$5 \$1/4 Pringles Cans, 180g+ 9/27 P&G Tribune & Pantagraph Final Price: \$4/4</p>	<p>Cascade Auto Dish Detergent 75 oz package Gel or Powder or 20ct package Action Pacs \$3.99 .25/1 Cascade, any size 9/27 P&G Tribune & Pantagraph Final Price: \$3.49</p>	<p>Dawn Liquid Dish Soap 19-24oz bottles, Selected 2/\$4 .25/1 Dawn 9/27 P&G Tribune & Pantagraph Final Price: \$1.50</p>
<p>Tide Stain Release 14oz package Powder or 20oz package Liquid or 10ct package Duo \$3.49 \$1 Tide Product, any size 9/27 P&G Tribune & Pantagraph Final Price: \$2.49</p>	<p>Tide 2x Liquid Laundry Detergent 40-64 loads, Selected Varieties \$10.99 \$1 Tide Product, any size 9/27 P&G Tribune & Pantagraph Final Price: \$9.99</p>	<p>Bounty Giant Roll Paper Towels 8 Roll Package \$9.99 .25/1 Bounty Towels or Napkins 9/27 P&G Tribune & Pantagraph Final Price: \$9.49</p>
<p>Scope Mouthwash 710 ml bottle, White or 750 ml bottle Outlast or 1 liter bottle Original Mint, Selected Varieties \$3.99 .75/1 Scope Mouthwash, <u>710mL+</u> 9/27 P&G Tribune & Pantagraph Final Price: \$2.99</p>	<p>Oral-B Toothbrush 1 count package or Crest Premium Toothpaste 4-6.2oz 2/\$5 Oral-B Indicator Manual Toothbrush B1G1F Oral-B CrossAction Manual Toothbrush Single Pack B1G1F <i>Both Expire 9/30</i> 8/16 RP Tribune *It only says Oral-B Toothbrush in the ad, so please let me know if you check if the Indicator or CrossAction is or isn't included. Thanks!</p>	<p>Glide Tape or Floss 20-50 meter package or Picks 30 ct. package \$2.99 \$1/1 Oral-B Floss Pick 45ct+, Satin Floss or Glide Product 9/27 P&G Tribune & Pantagraph Final Price: \$1.99</p>

<p>Old Spice or Secret Anti-Perspirant 2.6-3.25 package, Selected 2/\$5</p> <p>\$1/2 Old Spice Body Wash or Anti-perspirant/deodorant</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: \$4/2</p>	<p>Ivory, Zest or Safeguard Bath Soap 3-4 bar package, All Varieties 2/\$4</p> <p>.25/1 Ivory, any .35/1 Zest Body Wash or Bar Bundle</p> <p><i>*Expires 9/30</i></p> <p>8/30 P&G Tribune & Pantagraph</p> <p>Final Price: \$1.50 or \$1.30</p>	<p>Venus Embrace or Spa Breeze Razor \$8.99</p> <p>\$2 Venus Embrace or Breeze Family Systems Razor</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: \$6.99</p>
<p>Duracell Batteries 2ct 9V, 4ct C or D, 8ct AA or AAA \$5.99</p> <p>.75/1 Duracell CopperTop, PowerPix, Ultra Digital or Ultra Photo Lithium Batteries</p> <p><i>*Expires 9/30</i></p> <p>8/30 P&G Tribune & Pantagraph</p> <p>.75/1 Duracell CopperTop, PowerPix & Ultra Digital, Ultra Advanced, Ultra Photo Lithium Batteries</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: \$4.99</p>	<p>Pantene Hair Care 12.6oz Bottle Shampoo/Conditioner or 1.7-9oz Stylers, Selected \$3.99</p> <p>\$1/2 Pantene, any except trial</p> <p><i>*Expires 9/30</i></p> <p>8/30 P&G Tribune & Pantagraph</p> <p>\$1/1 Pantene Styler</p> <p>9/27 P&G Tribune & Pantagraph Final Price: \$6.98/2 or 2.99/1</p>	<p>Luvs Big Pack Diapers 80-108 ct box, Sizes 3, 4, or 5 \$16.99</p> <p>\$1 Luvs Diapers</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: \$15.99</p>
<p>Tampax Pearl Tampons 18-20ct box, Selected \$3.99</p> <p>.50/1 Tampax 18ct+</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: \$2.99</p>	<p>Olay Facial Care 20% Off</p> <p>\$1 Olay Facial Moisturizer or Cleanser</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: Varies</p>	

Meijer 9/27-10/3 Frozen Food Sale Begins! In the ad, and at www.meijermealbox.com there are lots of Meijer store coupons! These CAN be combined with a manufacturer coupon! The ad coupons don't expire until the end of October, and last year, many of the items went on sale during the month!

<p>DiGiorno Ultimate Pizza \$4.99</p> <p>\$1 DiGiorno Ultimate Toppings Pizza, any</p> <p>8/16 SS Tribune</p> <p>There is a *possible* Catalina deal (I haven't tried this.) when you buy 1 DiGiorno Ultimate Pizza, you'll earn a \$1 catalina for your next purchase.</p> <p>Final Price: \$2.99/1 if the Catalina works, and you use one \$1 coupon. \$3.99 if you use one \$1 coupon, and don't receive the Catalina.</p>	<p>Marzetti Caramel Apple Dip \$2.50</p> <p>Instant Deal between 9/14-10/11</p> <p>Receive \$1.50 off instantly at checkout when you buy 2 Marzetti. There are supposedly signs on large tubs and small multi packs (good on 6 pk 2.0 oz - 16 oz)</p> <p>Recently, Meijer also had a tearpad coupon near the apple dip for \$2 off Apples when you buy 2 dips!</p> <p>Final Price: 2/\$3.50 for the dip, and \$2 worth of free apples if you have or find the tear pads.</p> <p>(There is a Manufacturer Coupon in Cub Foods ad for \$2 on Apples when you buy two Marzetti dips 12oz+)</p>	<p>I Can't Believe It's Not Butter Soft Tub 2/7.5 or 15oz, sticks 16oz pck. Or spray oz bottle, All Varieties. \$1.29 each</p>
<p>Lysol Neutri Air \$1.50</p> <p>Meijer Mealbox: \$1/2 Lysol Spray or Wipes. I'd assume it would work on this!</p> <p>\$1 Lysol Neutra Air Sanitizing Spray ***Expires Today, 9/28***</p> <p>8/30 SS Tribune</p> <p>Final Price: 50¢/1 or if Mealbox works, free!</p>	<p>Glade Fragrance Collection Soy Blend Jar Candle 4.9oz \$2.95</p> <p>Glade Fragrance Collection Soy Blend 3 Wick Jar Candle 10oz or Reed Diffuser \$4.50</p> <p>\$3/2 Glade The Fragrance Collection Products</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: Low as \$2.90/2</p>	<p>Splenda 25% Off</p> <p>Meijer Mealbox \$1/1</p> <p>\$1.50/2 Splenda</p> <p>8/30 SS Tribune</p> <p>Final Price: Varies</p>

<p>Chex Mix or Cheerios Mix \$1.19</p> <p>Meijer Mealbox: \$1/4</p> <p>.50/2 Chex Mix or Chex 100 Calorie Snack, 4.5oz+</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: \$1.76/4 (44¢ ea)</p>	<p>Mr. Clean Multi-Surface Cleaner or Magic Eraser \$2.29</p> <p>\$1 Mr. Clean Magic Eraser **Expires 9/30**</p> <p>.50/1 Mr. Clean Multi-Surface Spray or Liquid,</p> <p>8/30 P&G Tribune & Pantagraph</p> <p>Final Price: \$1.29/1</p>	<p>Green Giant Valley Steamers and Boxed Vegetables 99¢</p> <p>.50/2 Green Giant Frozen Vegetables</p> <p>9/13 SS Tribune</p> <p>Internet Printable .50/1 http://tinyurl.com/ye4yusz</p> <p>Final Price: .98/2 or Free with printable</p>
<p>Lysol Wipes \$1.50</p> <p>Meijer Mealbox: \$1/2</p> <p>\$1/2 Lysol Disinfecting Wipes</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$1/2</p>	<p>Ortega Seasoning Mixes 20% off regular prices</p> <p>Meijer Mealbox: \$1/4</p> <p>Final Price: Varies</p>	<p>Betty Crocker Warm Delights \$1.49</p> <p>Meijer Mealbox: \$1/2</p> <p>.50/1 Betty Crocker Warm Delights Bowls or Mini Bowls</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: Free when using one mealbox, and two 50¢ coupons which will double to \$1.</p>
<p>Betty Crocker Frosting \$1.49</p> <p>Meijer Mealbox: \$1/2</p> <p>.50/1 Betty Crocker Tub Frosting</p> <p>8/9 SS Tribune & Pantagraph</p> <p>Final Price: Free when using one mealbox, and two 50¢ coupons which will double to \$1.</p>	<p>John Morrell Off the Bone Lunch Meat \$1.99</p> <p>Internet Printable Buy 1, Get 1 Free http://tinyurl.com/l8677s</p> <p>Final Price: \$1.99/2</p>	<p>Suave Body Wash \$1.79</p> <p>.50/1 Suave Body Washes</p> <p>9/13 RP Tribune & Pantagraph</p> <p>Final Price: 79¢</p>

Jewel 9/27-9/30

<p>Jack's pizza (15-18.9 oz) \$ 1.99 (limit 5).</p> <p>There is a *possible* Catalina deal (I haven't tried this.) when you buy 4 Jack's Pizza, you'll earn a \$1.50 catalina for your next purchase.</p> <p>If that Catalina deal works, your final price would be \$6.46/4 or \$1.62 per pizza!</p> <p>If it doesn't work, your price is still good at \$1.99.</p> <p>If you try it, please report if it's working! ☺</p>	<p>Progresso vegetable classic soups \$1</p> <p>.50/2 Progresso Soups, any</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$1.50/2</p>	<p>Dial 3 pack bar soap or Liquid Hand Soap 99¢</p> <p>.35/1 Dial Foaming Hand Wash, Liquid Hand Soap or Multi-Bar Pack</p> <p>8/16 SS Tribune</p> <p>Final Price: 64¢</p>
<p>Lean Cuisine Café Classics, Spa Cuisine, Casual Eating Classics, or Paninis \$1.88</p> <p>\$1/5 Lean Cuisine</p> <p>9/13 RP Tribune</p> <p>Final Price: \$8.40/5</p>	<p>7-Up, RC, Hawaiian Punch, or Canfield's Seltzer Water 6 pack .5 Liter Bottles \$1.88</p>	

CVS 3 Day 9/27-9/29

<p>Vaseline Sheer Infusion Body Lotion 6.8 oz \$7.99</p> <p>Get \$7 ECB when you buy 1 (Limit 1)</p> <p>Internet Printable \$1.50/1 http://tinyurl.com/y8txz9v</p> <p>Final Price: 99¢</p>	<p>Reese's, Snickers, Butterfingers Assorted 8 pack \$0.88</p> <p>After Tuesday, your price will jump to 2/\$3</p>	<p>Kit Kat & Snickers Assorted 9.34-22 oz 2/\$4.00</p> <p>After Tuesday, your price will jump to 2/\$5</p>
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CVS 9/27-10/3

<p><u>Proctor and Gamble Products</u></p> <p>Get \$10 ECB when you buy \$25 (Limit 1)</p> <p>Duracell AAA, AA 16 pk., C, D 8pk or 9-V 4 pk \$10</p> <p>.75/1 Duracell CopperTop, PowerPix, Ultra Digital or Ultra Photo Lithium Batteries</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Charmin Big Rolls 16 pk \$10</p> <p>.25/1 Charmin, any</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Bounty Basic 6 Big Rolls \$6</p> <p>.25/1 Bounty Towel or Napkin, any</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Tide liquid 24-32 loads or powder 31-40 loads \$6</p> <p>\$1 Tide</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Continued next column, same page!</p>	<p><u>Proctor and Gamble Products, Continued</u></p> <p>Dawn Dish Liqued 10.3oz or Puffs 60-108 ct \$1</p> <p>.25/1 Dawn, any .25 8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Bounce Dryer Bar 1 ct or Tide Stain Release 20 oz liquid or Duo Pack 10 ct \$4</p> <p>\$1/1 Bounce Dryer Bar, any</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Final Price: Varies</p>	<p>Listerine or Reach 16.9 oz, Total Care Floss 30 yds, Toothbrush 2 or 4 pk \$3.99</p> <p>Get \$1 ECB when you buy 1 (Limit 3)</p> <p>\$3/2 Reach Floss and/or Listerine Mouthwash 1L+ and/or Reach Toothbrush and/or Reach Access Flosser</p> <p>\$5/3 Reach Floss and/or Listerine Mouthwash 1L+ and/or Reach Toothbrush and/or Reach Access Flosser</p> <p>\$1/1 Reach Floss or Listerine Mouthwash 1L+ or Reach Toothbrush or Reach Access Flosser</p> <p>8/2 RP Tribune</p> <p>I tried different scenarios, but it looks as if they'll all come out to approximately \$2 each.</p> <p>If you buy one at \$3.99, earn the \$1 ECB, and use a \$1 coupon, your final price will be \$1.99/1.</p> <p>If you buy two at \$3.99, earn the \$1 ECB (it won't stack), and use a \$3/2 coupon, your final price will be \$3.98/2.</p> <p>If you buy three at \$3.99, earn the \$1 ECB, and use a \$5/3 coupon, your final price will be \$5.97/3.</p>

<p>Pantene Pro-V Shampoo, Conditioner, 12.6-13.5 oz or Styler 6.5-11.5oz 2/\$8</p> <p>Get \$2 ECB when you buy 2 (Limit 2)</p> <p>\$1/2 Pantene, any except trial</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Final Price: 2/\$5 with \$2 ECB and one \$1 coupon</p>	<p>Colgate Toothpaste 2/\$5.50</p> <p>Get \$1.50 ECB when you buy 2 (Limit 4)</p> <p>\$1 Colgate Total Enamel Strength, Advanced Whitening, Advanced Clean, etc., 4oz+ -</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$2/2 with \$1.50 ECB and two \$1 coupons</p>	<p>Prilosec OTC 42 ct \$22.99</p> <p>Get \$3 ECB when you buy 1 (Limit 2)</p> <p>\$1 Prilosec OTC, any</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Final Price: \$18.99 with \$3 ECB and one \$1 coupon</p>
<p>ThermaCare Heat Wraps (excludes 1 ct.) \$6.99</p> <p>Get \$1 ECB when you buy 1 (Limit 5)</p> <p>\$1 Thermacare, 2ct+ \$1</p> <p>8/23 RP Tribune & Pantagraph</p> <p>Final Price: \$4.99 with \$1 ECB and one \$1 coupon</p>	<p>Olay Total Effects Facial Care (excludes wet cloths) \$18.99</p> <p>Get \$5 ECB when you buy 1 (Limit 1)</p> <p>\$1 Olay Facial Moisturizer or Facial Cleanser</p> <p>8/23 RP & 9/13 RP Tribune & Pantagraph</p> <p>Final Price: \$12.99</p>	<p><u>Scotch or 3M Products</u></p> <p>Get \$5 ECB when you buy \$15.00 (Limit 2)</p> <p>Scotch 3M Mailing Envelope 3/\$5</p> <p>Scotch Post It Notes, Cushion Wrap, Transparent Tape 2/\$5</p> <p>Scotch 3M Paper Cutter, Storage, or packaging tape \$4.99</p> <p>Internet Printables http://tinyurl.com/ceyhwc</p> <p>Website includes coupons for various items, including the paper cutter.</p>

<p><u>CoverGirl Cosmetics</u></p> <p>Get \$5 ECB when you buy \$15.00 (Limit 1)</p> <p>Covergirl Outlast Lip Color, LashBlast, Luxe or Length Mascara \$7</p> <p>Covergirl Simply Ageless Blush \$10</p> <p>Covergirl Simply Ageless Foundation \$13</p> <p>Covergirl face product FREE wyb one Covergirl Foundation</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>\$1 Covergirl, any</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Final Price: Varies</p>	<p>Aveeno Shampoo, Conditioner 10.5 oz or nourishing spray 5.2 oz \$6.49</p> <p>Get \$2 ECB when you buy 1 (Limit 1)</p> <p>\$1 Aveeno Product, any except Cleansing Bars and Trial Size</p> <p>\$1.50/2 Aveeno Product, any except Cleansing Bars and Trial Size</p> <p>9/27 RP Tribune & Pantagraph</p> <p>Final Price: \$3.49 with ECB and \$1/1 coupon</p>	<p>Clairol Nice N Easy or Gray Solution \$5.99</p> <p>Get \$1 ECB when you buy 1 (Limit 1)</p> <p>\$1 Clairol Nice n Easy Hair Color Product *Expires 9/30/09</p> <p>8/9 RP Tribune & Pantagraph</p> <p>\$2 Clairol Hair Color, any except Balsam</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Final Price: \$3.99 after \$1 ECB and \$1 coupon or \$2.99 after \$1 ECB and \$2 coupon</p>
<p>Gillette Fusion, Embrace, or Spa Breeze Razor \$9.99</p> <p>Get \$5 ECB when you buy 1 (Limit 1)</p> <p>\$2 Gillette Fusion Razor</p> <p>8/16 RP Tribune</p> <p>\$4 Gillette Fusion Razor</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: \$2.99 after \$5 ECB and one \$2 coupon or 99¢ after \$5 ECB and one \$4 coupon</p>	<p>Loreal Infallible plumping lip gloss, mascara, or ALL Colour Riche lip \$7.99</p> <p>Get \$2 ECB when you buy 1 (Limit 1)</p> <p>\$1 Loreal Colour Riche or Lip Product</p> <p>8/2 RP Tribune & Pantagraph</p> <p>\$1 Loreal Eye Product</p> <p>8/16 RP Tribune</p> <p>Final Price: As low as \$4.99</p>	

Walgreens 9/27-10/3

<p>Vaseline Sheer Infusion Lotion, 6.8oz. \$6.99</p> <p>Buy 1, Receive \$6.99 RR</p> <p>Internet Printable \$1.50/1 http://tinyurl.com/y8txz9v</p> <p>Final Price: Free after \$6.99 RR, and profit of \$1.50 if you use the printable! 😊</p>	<p>Emergen-C Booster \$3.49</p> <p>Buy 1, Receive \$3.49 RR</p> <p>Final Price: Free after \$3.49 RR</p>	<p>Oral-B Advantage 1-2-3 Toothbrush \$3</p> <p>Buy 1, Receive \$3 RR</p> <p>.75/1 Oral-B Pulsar, CrossAction, Advantage Toothbrush or any (2) Indictors</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: Free after \$3 RR, and profit of 75¢ if you use the coupon! 😊</p>
<p>Chapstick Fresh Effects \$2.99</p> <p>Buy 1, Receive \$2.99 RR</p> <p>Final Price: Free after \$2.99 RR</p>	<p>Robitussin DM To Go 2pk \$2.49</p> <p>Buy 1, Receive \$2.49</p> <p>Final Price: Free after \$2.49 RR</p>	<p>Dentek Dental Care \$2</p> <p>Floss 55 Yards or Floss Picks 35 ct Pack</p> <p>Buy 1, Receive \$2 RR</p> <p>Final Price: Free after \$2 RR</p>
<p>Halls Refresh Sugar Free Drops 20ct \$1</p> <p>Buy 1, Receive \$1 RR</p> <p>.35/1 Halls 20ct+ Single Bag, 9/27 SS Check inserts</p> <p>Final Price: Free after \$1 RR, and profit of 35¢ if you use the coupon! 😊</p>	<p>Herbal Essence Hair Care \$2.99</p> <p>Buy 1, Receive \$2 RR</p> <p>\$1 Herbal Essences Shampoo, Conditioner, Styling Product, or Hair color no trial size</p> <p>9/13 RP Tribune & Pantagraph</p> <p>Final Price: Free, with 1¢ profit, after \$2 RR and the coupon! 😊</p>	<p>Theraflu Nighttime 6ct 2/\$8</p> <p>Buy 2, Receive \$4 RR</p> <p>Internet Printable \$2/1 any Theraflu Product http://tinyurl.com/y8qbg4k</p> <p>**I was not able to print this, but will hope you can!</p> <p>Final Price: 2/\$4 without printable. If you can print two, FREE products!</p>

<p>Claritin Allergy Relief 30ct \$19.99 or Claritin Eye Drops \$12.99</p> <p>Buy 2, Get \$8 RR</p> <p>Internet Printable of Various Claritin Products http://tinyurl.com/oskhmw</p> <p>Final Price: Varies depending on products and coupons used.</p>	<p>\$3 RR WYB (1) Claritin Allergy Relief (30ct; \$19.99) or Claritin Eye Drops \$12.99</p> <p>Buy 1, Get \$3 RR</p> <p>Internet Printable of Various Claritin Products http://tinyurl.com/oskhmw</p> <p>Final Price: Varies depending on products and coupons used.</p>	<p>Gillette Fusion MVP Manual or Power Razor System \$8.99</p> <p>Buy 1, Get \$6 RR</p> <p>\$2 Gillette Fusion Razor *Expires 9/30</p> <p>8/16 RP Tribune</p> <p>\$4 Gillette Fusion Razor</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: 99¢ with \$6 RR and \$2 coupon or Free with \$1.01 profit with \$6 RR and \$4 coupons. 😊</p>
<p>Metamucil 2/\$20</p> <p>Buy 2, Get \$6 RR</p> <p>\$1 Metamucil Product</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: 2/\$12 with \$6 RR and two \$1 coupons.</p>	<p>Prilosec OTC 42ct \$22.99</p> <p>Buy 1, Get \$5.50 RR</p> <p>\$1 Prilosec OTC, any</p> <p>8/30/09 P&G Tribune & Pantagraph **Expires 9/30</p> <p>Final Price: \$16.49 with \$5.50 RR and \$1 coupon.</p>	<p>Vicks 2/\$10</p> <p>DayQuil Liquicaps (20ct) DayQuil Liquid (10oz) DayQuil Mucus Control 10oz DayQuil + Vitamin C NyQuil Liquicaps (20ct) NyQuil Liquid (10oz) NyQuil Less Drowsy (10oz) NyQuil + Vitamin C VapoSyrup Liquid (10oz) Vicks Formula 44 (6oz)</p> <p>Buy 2, Get \$5 RR</p> <p>\$1 Vicks Product</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: 2/\$3 with \$5 RR and two \$1 coupons. That's a good deal for medicine!</p>

<p>Gillette Venus Razor \$7.99</p> <p>Buy 1, Get \$4 RR</p> <p>\$2 Venus Embrace Razor or Breeze Family Systems Razor</p> <p>8/16 RP Tribune</p> <p>Final Price: \$1.99 with \$4 RR, and one \$2 coupon.</p>	<p>Miralax \$18.99</p> <p>Buy 1, Get \$4 RR</p> <p>\$4 Miralax, 30-dose bottle \$5 Miralax, 30-dose bottle</p> <p>9/27 SS</p> <p>Final Price: \$10.99 with \$4 RR, and one \$4 coupon or \$9.99 with \$4 RR, and one \$5 coupon.</p>	<p>Pampers Jumbo Pack Diapers or Training Pants 2/\$20</p> <p>Buy 2, Get \$2.50 RR</p> <p>\$1 Pampers, any *Expires 9/30</p> <p>8/30 P&G Tribune & Pantagraph</p> <p>Final Price: \$15.50/2 (\$7.75 per pack)</p>
<p>Hershey's Candy 1.4 to 2oz 49¢ with in ad coupon</p> <p>.55/1 Reeses Candy Product, any *pictures singles, bags, and minis</p> <p>8/23 SS Tribune</p> <p>Final Price: Free (I don't know how your particular cashier will handle the overage, so be prepared to have something extra to cover overage, or ask them to reduce the amount of the coupon to 49¢)</p>	<p>Dixie Paper Plates \$1.99 with in ad coupon</p> <p>.35/1 Dixie Plates, Bowls or Napkins</p> <p>8/16 RP Tribune</p> <p>Final Price: \$1.65</p>	<p>Soft Scrub 2/\$5 with in ad coupon</p> <p>.50/1 Soft Scrub, any</p> <p>8/16 SS Tribune Final Price: 2/\$4</p>
<p>Dawn Dish Liquid 99¢ with in ad coupon</p> <p>.25/1 Dawn</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>Final Price: 74¢</p>	<p>Ivory Bath Soap 3 pack 99¢ with in ad coupon</p> <p>.25/1 Ivory, any</p> <p>8/30 P&G Tribune & Pantagraph</p> <p>Final Price: 74¢</p>	

<p><u>\$3 RR when you buy \$15 worth of participating products:</u></p> <p>Colgate Toothbrush 360° Toothbrushes \$5 \$1 Colgate 360 Toothbrush, 9/27 SS</p> <p>Colgate Total Toothpaste 2pk; 6oz each \$5 \$1 Colgate Total Enamel Strength, Advanced Whitening, Advanced Clean or Fresh Toothpastes (Without knowing all the varieties on sale, this may or may not work.) 9/27 SS</p> <p>360° Clean Sonic Power or Kids' Battery Operated Toothbrush \$5 \$1 Colgate 360 Toothbrush, 9/27 SS</p> <p>Speed Stick or Lady Speed Stick 2/\$5 .75/2 Speed Stick or Lady Speed Stick Antiperspirants/Deodorants 9/27 SS</p> <p>Softsoap Body Wash 2/\$7 \$1 Softsoap Body Wash 9/27 SS</p> <p>Softsoap Liquid Hand Soap 2/\$4</p> <p>Softsoap Liquid Hand Soap Refill 6.4oz; \$5</p> <p>Final Price: Varies</p>	<p>Purchase \$25 worth of participating P&G Products (the entire page 3 is included) and receive RR for Free Olay Ribbons Body Wash (\$5.29 value)</p> <p>This is my 2¢... I wouldn't spend \$25 to receive a coupon for a free body wash. ☺ Now, if you are planning to buy those things anyway, and know you'll get to \$25, it's a great bonus. But, I truly wouldn't recommend spending that amount to get a product coupon.</p> <p>There is a new P&G insert that came out this weekend, but I honestly didn't see any scenarios that made it worth it just to receive the free coupon.</p> <p>If you find a great scenario, and want to share it, I'd be happy to pass it along. Or, if you have questions, and want to run a scenario by me, please feel free to do so! ☺</p>	<p>Tide or Gain 2X Laundry Detergent \$12.99 Buy 1, Get \$1 RR</p> <p>\$1 Tide, any</p> <p>8/30 P&G Tribune & Pantagraph</p> <p>\$1 Tide, any</p> <p>9/27 P&G Tribune & Pantagraph</p> <p>\$1 Gain Detergent</p> <p>9/13 RP Tribune</p> <p>Final Price: \$10.99 with \$1 RR, and \$1 coupon.</p>

Cub Foods 9/27-10/3

<p>Campbells Condensed Chicken Noodle or Tomato Soups 2/\$1</p> <p>.40/4 Campbells Condensed Chicken Noodle or Tomato Soups</p> <p>9/13 SS Tribune & Pantagraph</p> <p>Final Price: \$1.60/4</p>	<p>Del Monte Canned Fruit 5/\$5</p> <p>\$1/5 Del Monte Fruits, Vegetables, Tomatoes, 11 - 15.25 oz, or Fruit Cup Snacks</p> <p>9/20 RP Tribune</p> <p>Final Price: \$4/5</p>	<p>Swanson Canned Broth 10/\$6 (60¢ ea.)</p> <p>.40/3 Swanson Broth Can,</p> <p>9/27 SS Tribune & Pantagraph</p> <p>Final Price: \$1.40/3 (47¢ ea.)</p>
<p>Campbell's Cream of Mushroom or Chicken Soup 4/\$3 (75¢ ea.)</p> <p>.25/3 Campbells Condensed Cream Soups Pantagraph</p> <p>.30/3 Campbells Condensed Cream Soups Tribune</p> <p>9/20 SS</p> <p>Final Price: \$2 or \$1.95</p>	<p>10 lb. Farm Fresh Russet Potatoes \$1.98</p>	<p>Lays Potato Chips \$1.99</p>
<p>Dannon Yogurt 6oz 10/\$6</p> <p>\$1/10 Dannon Single-Serve Cups Yogurt, 6 oz.</p> <p>9/13 SS Tribune</p> <p>Final Price: \$5/10</p>	<p>Purex 2x Detergent \$2.49</p> <p>.35/1 Purex Laundry Detergent, Liquid or Powder</p> <p>8/16 SS Tribune</p> <p>Final Price: \$2.14/1</p>	